

CAH Support Group Product Catalogue



CAHSGA has sourced several CAH related books and products and has them available for purchase. The prices are extremely competitive as the support group has been able to buy many of the items in bulk, saving postage, particularly those sourced from overseas.

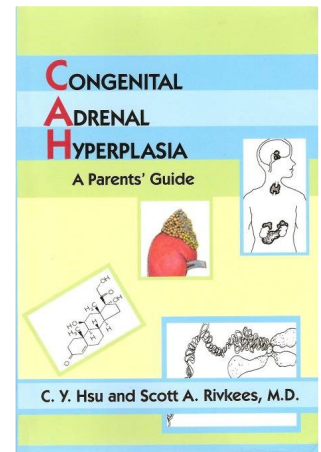
If you wish to order any of the products please send an email to the products officer products@cah.org.au or complete the attached product order form.

Book — CAH A Parents' Guide

C.Y Hsu and Scott Rivkees, MD.

This exceptional book is an invaluable manual for anyone affected by CAH. Although entitled a "Parents' Guide" it would also be well received by both adolescents and adults with CAH.

This 282 page book is co-authored by the mother of a CAH son and world renowned Endocrinologist who has shown a special interest in CAH, Dr Scott Rivkees. This joint effort has resulted in a remarkable collection of knowledge for the interested person covering a host of topics. A wonderful resource!

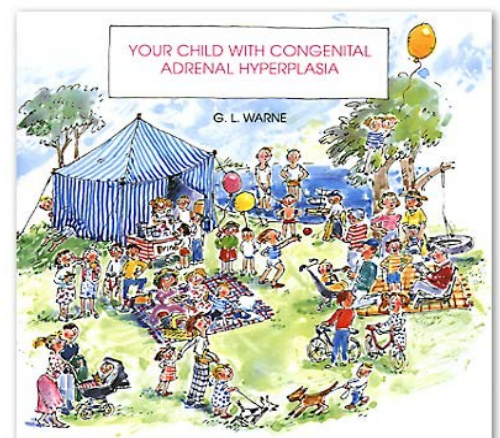


Book — Your Child with CAH

Dr Gary Warne — RCH, Melbourne

As one of the first books published to assist family education on CAH, this book is essential. It gives a good sound overview on the basics of CAH and is very light on with technical phrases. Illustrations make this book suitable for older children to learn about their condition as well.

If you haven't learned the basics or want to have an easy to read overview this book is excellent for children through to adults.

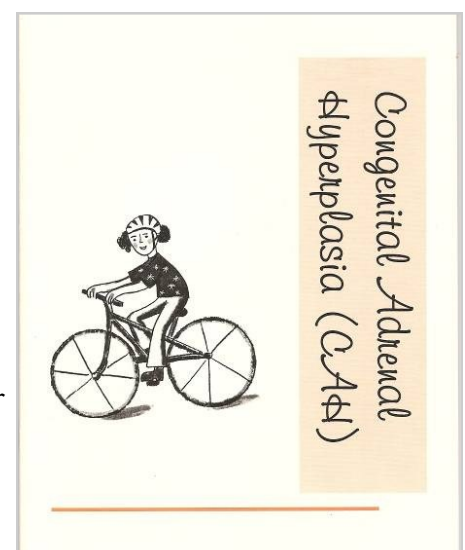


Book — Congenital Adrenal Hyperplasia (CAH)

British Columbia Children's Hospital, Canada

This booklet has been around since 2003 and is published by the British Columbia Children's Hospital, Canada and entitled 'Congenital Adrenal Hyperplasia (CAH)'. Apart from general information about how CAH is diagnosed and treated, (including the use of hydrocortisone injections) there is an overview of special issues encountered for girls throughout the newborn period, infancy, childhood and adolescence.

As it is a Canadian publication some of the treatment modes may vary from Australian standards. Nevertheless this is a handy and helpful publication especially for



Silicon Wristbands

We have had these wristbands personalised by the wonderful people at *Star Allergy Alerts* especially for people with CAH. They each say **Adrenal Insufficiency Give Cortisone**.

The wristbands are made of food grade silicone, easily sterilized. They are 100% hypo-allergenic (non-toxic) and latex free.

They have soft, rounded and pliable edges that are less likely to catch on foreign objects and are designed to safely break and snap if enough force is applied.

Available in 3 sizes S (Age 2-4), M (Age 5+) and L (Teen/Adult)



Medport Medication Case

The Florinef medication requires refrigeration. Most tablets and prescriptions require storage under 25 degrees.

These Medport thermal cases are perfect for traveling with tablets or Solu-Cortef. They will fit up to 4 tablet bottles or your Solu-Cortef and accessories. These cases are small enough to fit into a handbag or glove box.

They are also very practical for school or work use. We have purchased bulk from overseas to provide you with a much needed product at an affordable price.

We have also purchased Techni-ice cooler blocks that will fit inside the Medport case. The Techni-ice will automatically come with the Medport case order.



Medical Identification Bracelet

With so many new products on the market we spent some time looking in to what products were best. This product is fantastic because of the low cost, adjustable band, and large range of designs.

The bands are easily adjustable from toddler size through to adult. The bands are fantastic because they can just be thrown into the wash. These are

ready to use with the engraving already done for CAH. We have various designs and colours available. Please email to discuss.

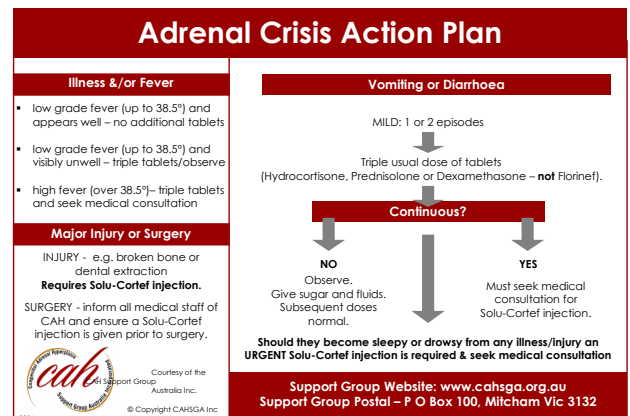


Adrenal Crisis Action Plan Magnet

The support group has developed this magnet in conjunction with specialists across Australia.

The purpose of the magnet is to have easily accessible and basic guidelines that may assist families in the event of adrenal crisis.

Easy to read and great for parents, grandparents, & care givers of a child with CAH.



Wallet Cards

A credit card size emergency card which folds out with room for personal details of the person with CAH.

Other features include the important warning about giving cortisone prior to surgery. Also included is additional treatment information that may be required in an emergency.

